

Press Release by People To People Health Foundation (PPHF), Yuksam
World Mental Health Day Celebration and Community Screening at Dubdi Village, Yuksam,
Gyalshing

Gyalshing, October 11: People To People Health Foundation (PPHF), under the HRDP-HDFC Parivartan CSR Initiative, successfully organised a World Mental Health Day Celebration-cum-Community Screening Programme at Dubdi Village under Gyalshing District in collaboration with Yuksam Primary Health Centre (PHC) on October 10.

The programme was graced by Dr Biswas Basnett (MOIC-Yuksam PHC) as the Special Guest, along with the dedicated health team including Ms Saiya Limboo, Ms Mani Kala Limboo (S/N-Yuksam PHC), Ms Lachi Maya Chettri, Ms Namita Chettri, Ms Tika Devi Limboo (ASHA Facilitators, Yuksam PHC), Ms Sharmila Sharma, Ms Vanee Shandilya (Assistant Programme Manager, PPHF), and Ms Budhhi Hangma Limboo (Community Facilitator, PPHF).

Distinguished guests Ms. Sunita Limboo (Panchayat President, Yuksam GPU) and Ms. Sabitri Chettri (Ward Panchayat Member, Yuksam GPU) also attended the event, encouraging community participation and mental well-being awareness.

The celebration focused on the theme "Human Mental Health and Living a Stress-Free Life", where discussions highlighted the importance of early mental health screening, emotional well-being and community support. Interactive sessions and health check-ups were conducted for the residents of Dubdi village.

The entire community expressed great appreciation for the initiative, acknowledging the importance of such awareness programmes in promoting holistic health and well-being.

People To People Health Foundation (PPHF), through its CSR partnership with HDFC Parivartan, continues to work towards improving community health and empowering rural populations with better access to healthcare services.